



LM/NM Kortbane 2025/2026

**Trondheim,
Mars 21 - 22**





Trondheim kortbaneklubb (TKK) is proud to present National- and Norwegian championship (LM/NM) and invites you to participate in this exciting short track competition in Trondheim, Norway.

The competition is open to:

Norwegian and international athletes who hold a license for speed skating (long track or short track) – it is possible to buy one-time license for participation in this event.

The competition is an opportunity for both athletes and the public to experience the exciting sport of short track speed skating. TKK is a member of the Norwegian Skating Association.

Venue

Leangen Idrettspark (Ungdomshallen)
Tungavegen 3
Trondheim, Norway

Categories and distances

Junior F	333m/222m/111m
Junior E	333m/222m/500m
12 and 13 years	1000m/ 500m/777m
14, 15 and 16 years*	1500m/ 500m/1000m
Junior Men / Woman	1500m/ 500m/1000m
Senior Men / Woman	1500m/ 500m/1000m
Masters Men / Woman	1500m/ 500m/1000m
Special Olympics (all age groups)	(both days, distances according to division)

*). Referring to regulations given by the Shorttrack Technical Committee, athletes in the National championship may enter Junior / Senior Norwegian championship if qualified. An application has to be sent to the Technical Committee.

Categories may be combined depending on the number of entries in each category. In case of combined categories, awards will still be given based on the categories above.

If possible, a relay will be held. It will depend on the number of participants and will be announced on the competition day. Relay teams will be decided by the referee.

International athletes cannot be crowned as Norwegian champions.

Timetable

Friday 20th of March
18:30-21:30 Open training

Saturday 21th of March
9.30 – 10.30 Warm up
11.00 – 18.00 Races

Sunday 22th of March
09.30 – 10.30 Warm up
11.00 – 16.00 Races

Entries

Norwegian athletes entries to be made via iSonen: [Idrettsglede for alle. Arrangementsverktøyet for idretten | iSonen](#)

Other athletes entries to be made via <https://www.shorttracklive.info>

Clubs without a user profile in the shorttracklive system can use the entry form available through shorttrackonline.info

Deadline is Tuesday 9th of March 2026, 23:59.

Entrance fee

Entry into the competition, in total for all distances, is NOK 200 for junior F/E and para, and NOK 400 for all other classes. Payment will be made through iSonen. The invoice for the participation will be sent to the clubs after the competition is over.

Others can pay to account number TTK 4202.41.28010.

Payment due is Tuesday 9th of March 2026, 23:59.

Track

The competition will be held on a 60m x 30m artificial indoor ice surface with a 111.12 m oval track. Protective padding will cover the board in the turns (not the entire straightaways).

Conditions of contest

Seeding will be based on 500m time (SB or recent). The qualifying schedule is based on the “all final system”. The organizers reserve the right to change the program due to any unforeseen circumstances.

Award of prizes

The award ceremony will be held after the competition on Sunday.



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Liability

All participants have to take care of their own safety. There will be medical personnel present throughout the competition. Please note that athletes must have hard knee protection (if possible knee/shin protection), short track helmet, cut-resistant gloves and cut-resistant neck-protection. Clapskates are not allowed.

At the same time participants should be covered by their own national insurance. The organizers are not responsible for any kind of injury or property loss during the competition.

Accommodation and transport

The participating athletes are responsible for their own meals and accommodation.

We recommend [Scandic Solsiden hotel](#) for the participants. The hotel is of a good international standard centrally located in Trondheim, close to restaurants and shops.

Travelling time from the city center to the arena is 10 minutes. From the airport 20 minutes. Transport to/from Scandic Solsiden - the arena on competition days is easiest with taxi (ca NOK 250).

Organizing club and enquiries:

Organizer:

Trondheim kortbaneklubb

Contact:

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Referee:

Per Egil Samdahl

